

The Order of Psalmody in the Rule of St. Benedict

Numbering is according to the Masoretic Text

Sunday:

Vigils: 3, 95, 21-26 // 27-32
Lauds: 67, 51, 118, 63, 148-150
Prime: 119:1-32
Terce: 119:33-56
Sext: 119:57-80
None: 119:81-104
Vespers: 110-113
Compline: 4, 91, 134

Wednesday:

Vigils: 3, 95, 60-62, 66, 68a,b // 69a,b-73
Lauds: 67, 51, 64, 65, 148-150
Prime: 10, 11, 12
Terce: 120, 121, 122
Sext: 123, 124, 125
None: 126, 127, 128
Vespers: 135-138
Compline: 4, 91, 134

Monday:

Vigils: 3, 95, 33-35, 37a,b, 38 // 39-45
Lauds: 67, 51, 5, 36, 148-150
Prime: 1, 2, 6
Terce: 119:105-128
Sext: 119:129-152
None: 119:153-176
Vespers: 114/115, 116a, 116b/117, 129
Compline: 4, 91, 134

Thursday:

Vigils: 3, 95, 74, 75, 77-79 // 80-85
Lauds: 67, 51, 88, 90, 148-150
Prime: 13, 14, 15
Terce: 120, 121, 122
Sext: 123, 124, 125
None: 126, 127, 128
Vespers: 139-141
Compline: 4, 91, 134

Tuesday:

Vigils: 3, 95, 46-50, 52 // 53-56, 58-59
Lauds: 67, 51, 43, 57, 148-150
Prime: 7, 8, 9
Terce: 120, 121, 122
Sext: 123, 124, 125
None: 126, 127, 128
Vespers: 130-133
Compline: 4, 91, 134

Friday:

Vigils: 3, 95, 86, 87, 89a,b, 93, 94 // 96-101
Lauds: 67, 51, 76, 92, 148-150
Prime: 16, 17, 18a
Terce: 120, 121, 122
Sext: 123, 124, 125
None: 126, 127, 128
Vespers: 142, 144a,b, 145a
Compline: 4, 91, 134

Saturday:

Vigils: 3, 95, 102-105 // 106-109
Lauds: 67, 51, 143, canticle, 148-150
Prime: 18b, 19, 20
Terce: 120, 121, 122
Sext: 123, 124, 125
None: 126, 127, 128
Vespers: 145b, 146, 147a,b
Compline: 4, 91, 134